

## I have AVP Deficiency (Cranial Diabetes Insipidus)

This condition should **not** be confused  
with Diabetes Mellitus

**Symptoms:** Excessive thirst and passing of large volumes of dilute urine. I do not produce a hormone called Vasopressin (AVP) due to my condition which means I get dehydrated very quickly if I do not have fluids and Desmopressin (DDAVP).

**Treatment:**  
Desmopressin  
(DDAVP).  
My usual dose is:

Patient's name:

Date of birth:

Cons Endocrinologist:

Hospital:

Tel no:

Next of kin:

Tel no:

### **EMERGENCY SITUATIONS**

Please check my sodium and fluid balance, and contact my endocrinologist if you are not sure how much fluid or desmopressin to give.

Scan here for further information, or go to:  
[www.endocrinology.org/diabetes-insipidus](http://www.endocrinology.org/diabetes-insipidus)

