



**I take Hydrocortisone  
for secondary adrenal  
insufficiency**

Name:

Date of birth:

Pituitary condition:

Consultant:

Hospital:

Tel:

Reg no:

Endo Nurse:

Tel:

### **Steroid-Dependent Pituitary Patient**

### **INSTRUCTIONS FOR AMBULANCE AND A&E STAFF**

If I am in severe shock, trauma, have vomited, or I have been in an accident, I will urgently need to have either a 100mg intramuscular injection of hydrocortisone OR 100mg i.v hydrocortisone. Please check my blood pressure, U&E's, glucose and other relevant tests. If you (the treating clinician) have any queries about emergency hydrocortisone and/or pituitary-related illness, please contact the endocrinologist on call without delay. If I am not treated urgently my life could be in danger.